

**YOUR DONATIONS
HELP TO SUPPORT:**

- Annual Health Fair Screenings
- Well Child Clinic
- Blood Pressure Clinics
- Friendly Driver Program
- Monthly Nursing Visits

WAYS TO DONATE

In Memory Of:

Family, Friends & Loved Ones

In Honor Of:

- Birthdays
- Anniversaries
- Graduations
- Holidays
- Religious Celebrations

Estate Planning



inside:

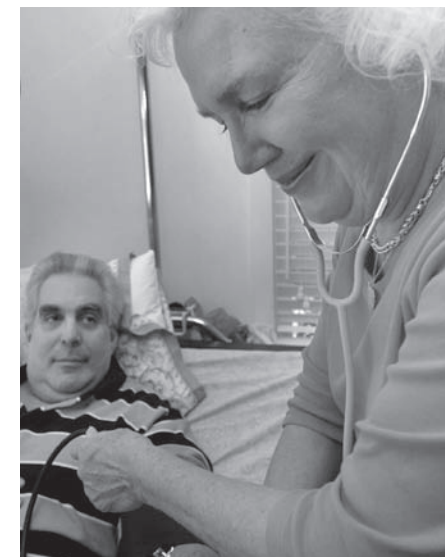
- Award Winning Care
- New RVNA President
- Kid's Corner
- Excellence in Nursing
- Spring Breakfast Success
- Health Watch

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healthwise

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RVNA Delivers Award Winning Care



Crystal Green, RN, takes the blood pressure of patient Michael Mucaria. Excerpt and picture courtesy of Susan Tuz and The News-Times.

When Michael Mucaria wakes each morning, he knows he will be visited by someone special. Whether it's Crystal Green, RN, or a home health aide from RVNA, Mucaria knows someone who cares will be coming to help him. Crystal is one of four RVNA nurses to receive the 2007 Nightingale Award for Excellence in Nursing and is one of the many skilled nurses at RVNA who help people with various medical conditions to stay at home. ●

{HEALTH EVENTS}

LYME, CHRONIC FATIGUE, FIBROMYALGIA SUPPORT GROUP
No Charge. **Second Thursday of each month** from 12 pm -1:30 pm at the RVNA office. For more information on Lyme, check out our website, www.ridgefieldvna.org. Click on About Us/Newsletters and see our Summer 2006 issue.

WELL CHILD CLINICS (by appointment) \$50 maximum fee (including school required immunizations) — sliding scale available. For children ages birth through 18 years. See "Kid's Corner" on page 2 for more information.

- BLOOD PRESSURE SCREENING**
No Charge
- 1st Monday of each month at Ballard Green, 9:30 am - 11:00 am
 - 1st Thursday of each month at Founders Hall, 12:00 pm - 1:30 pm
 - 2nd Thursday of each month at Ancona's Market, 3:00 pm - 4:00pm **New Location!**
 - 3rd Monday of each month at Parks and Rec 2:00 pm - 3:00 pm **New Location!**
 - 3rd Wednesday of each month at the RVNA, 1:00 pm - 2:00 pm

For more information about these specific events or any of our health events, please call 203.438.5555 or visit ridgefieldvna.org



Healthwatch: Make Summer Time Independence Time

Call the Ridgefield VNA at 203-438-5555 to order this valuable service!

Health Watch helps people maintain their independence and live safely in their own homes. If help is needed, a touch of a button sends a call to the Health Watch Response Center, where appropriate assistance is dispatched immediately.

Health Watch serves over 100,000 people every day with the world's most advanced features such as:

- Automatic daily self test
- Two-way communication with enhanced emergency mode
- Medication Reminders
- Automatic, reliable fall detection
- Monitored medication dispensing
- Remote activity monitoring

← This compact, waterproof transmitter can be worn on the wrist or as a pendant, as shown.

You can give the gift of independence to someone you know today, and give his or her loved ones genuine peace of mind. A referral of **Health Watch Medical Alert Systems** can provide the vital safety net that lets people live safely at home — with a 24-hour connection to dedicated, professional assistance any time it's needed.



Visit our web site at www.ridgefieldvna.org



90 East Ridge
Ridgefield, CT 06877

care you can
count on
right in your
own backyard

A MESSAGE to our community:

The Board of Directors and I are pleased to introduce the new President of Ridgefield Visiting Nurse Association, Theresa Santoro.

Theresa's new role is a natural progression of her 25 year career in nursing. Her skill as a nurse has benefited many residents of Ridgefield during her eight years on staff at RVNA. As an RVNA staff member she leads with respect and knowledge. She is a wonderful example of life-long learning as she attends Sacred Heart University to complete her master's degree in Nursing Administration.

Theresa is involved in the community by serving on the Medical Professional Advisory Boards for Ridgefield Crossing Assisted Living Facility and Nursing and Home Care in Wilton. She is also a member of the Ridgefield chapter of the National Charity league and is a Ridgefield Council Girl Scout leader.

We congratulate Theresa on this promotion and thank her for her excellent example and commitment to the mission and values of Ridgefield Visiting Nurse Association.

Sincerely,



Bill Wyman
Bill Wyman
Chair

Theresa Santoro has been a nurse for 25 years and has been at RVNA for 8 years. She has served as a primary care nurse, Director of Clinical Services, Vice President of Clinical Operations and is now assuming the position as President of Ridgefield Visiting Nurse Association. Theresa stated "I appreciate the opportunity to lead such a meaningful organization in this community." Theresa has lived in Ridgefield for 14 years with her husband John and her three children. You can contact Theresa at tsantoro@ridgefieldvna.org.



Photo courtesy of Kevin Robinson | kevinrobinsonphotography.com

LEADERSHIP:
Theresa Santoro
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Healthwise is a publication of the Ridgefield Visiting Nurse Association. We are a private, non-profit, CHAP-accredited organization. Our mission is to provide remarkable home health care, foster community based wellness, and promote public health & safety in the greater Ridgefield communities. To learn more about our services, visit us online at www.ridgefieldvna.org

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2 year old Maria Eduarda visits the Kid's Corner at the RVNA Health Fair in June.



Kid's Corner

RVNA continues to provide services to area families including our ongoing Well Child Clinic staffed by local volunteer physicians and Mary McFall, maternal child health nurse. Well Child Clinic, a United Way Agency Partner program, offers physicals and immunization for children ages birth to 18 years. Camp, sport and school physicals as well as vaccination for HPV and Meningitis are available during Well Child Clinic hours. August appointments are available. (see Health Events on the front page.)

Did you also know that RVNA provides top quality baby, child or teen care? We can provide help to a new mother, childcare during a parent's illness, or simply assist wherever is needed with your children on a short or long-term basis.

Call 438-5555 or 938-3300 to make an appointment or for more information on either program! ●

Excellence in Nursing



Four distinguished RVNA nurses received the 2007 Nightingale Award for Excellence in Nursing, on May 3rd, during a ceremony held in Stamford. Crystal Green, RN, Case Manager; Sandy Weinberg, RN, Director of Community Programs; Eileen Wilson, RN, Case Manager; and Mary McFall, RN, Maternal/Child Health Nurse, were honored for their dedication, compassion, and commitment to the field. The Nightingale Awards are an opportunity for wonderful nurses to be seen and celebrated for the myriad of contributions they make to individuals and communities. ●

07
spring breakfast
success helps grow community programs



Lucky basket winner, Keil Mueller, at the Spring Breakfast in April.



Dr. Lancaster advises residents at the Redding Health Fair in March.

We would like to thank all of the 320 attendees and supporters of the RVNA Spring Breakfast which was held in April. A record breaking crowd helped to raise over \$50,000 that will be used to help offset the \$360,000 in Community Programs provided each year by RVNA such as the Well Child Clinic, area Blood Pressure Screenings, Annual Health Fairs, and Public Health and Safety initiatives.

In 2007, with the help of your generous contributions, RVNA was able to add the Health Fair in Redding and two additional monthly blood pressure clinics. ●

Thrifty is Nifty for RVNA

{ RIDGEFIELD THRIFT SHOP | 15 Catoonah Street | M-F 12:00-4:00 | Saturday 10:00-1:00 }



Did you know that a substantial amount of the proceeds from the Ridgefield Thrift shop go to RVNA? Visit the Ridgefield Thrift Shop and you will find a wide selection of clothing for the whole family, house wares, toys and books. New things arrive daily and the wonderful staff keeps things well-organized. Perhaps you will even find a hidden treasure! ●

Sabine Heym-Kloekner hunts for treasures at the Thrift Shop.



THINGS TO KNOW

...about giving to RVNA

- RVNA provides over \$1,000 a day in uncompensated services to those most in need
- RVNA saves lives by providing flu clinics and free blood pressure screenings
- RVNA staff is trained and ready to respond to public health emergencies & disasters
- RVNA has been providing excellent care for 93 years!
- RVNA has the unwavering commitment of over 300 community volunteers
- RVNA has a friendly driver program available to our patients
- RVNA provides services from birth to end-of-life without regard to the patient's ability to pay.
- RVNA ranks in the top 25% of homecare companies nationwide. (Homecare Elite Award)
- "The RVNA is of great value to the community. I don't know who would replace them if they were not here. The nurses are dedicated and really knowledgeable; they are regarded as friends, not just as caregivers." Madeline Amendola
- 98.7% of our patients agree with Mrs. Amendola! (RVNA has a 98.7% patient satisfaction rate)

YES, I would like to support the Ridgefield Visiting Nurse Association

- 1914 Society- \$10,000
- Irene Hoyt Society - \$5,000
- Wellness Society - \$2,000
- Quality Circle - \$1,000
- Caring Circle - \$500
- Community Circle - \$100
- Other \$.....
- Enclosed is my tax deductible gift in the amount of \$.....made payable to RVNA.
- Please charge my:
 - VISA Mastercard
 - Card Number.....
 - Expiration..... V-Code.....
 - Signature.....

Donor Information {please print}

Name.....
Email.....
Address.....
City.....
State..... Zip.....

- I am enclosing a matching gift form from my employer.

My Annual Appeal Gift is:

- In honor of: In memory of:
Name.....
Please notify {name}.....
Address.....
City.....
State..... Zip.....
- I/We have remembered the RVNA in my/our will.
- Please send more information about Major Donor Societies.
- Please send more information about:

- Bequests
- Volunteer Opportunities
- Services